

**WVSSAC**  
**Regional Wrestling Championships**  
**2024-2025 Seeding Criteria**

- 1. Head-to-Head**
- 2. Common Opponent**
- 3. Previous Season High School State Placer (Higher Place gets Higher Seed)**
- 4. One season removed from previous season High School State Placer (Higher Place gets Higher Seed)**
- 5. Previous Season Regional Champion**
- 6. Previous Season High School State Qualifier**
- 7. High School State Qualifier one season removed from previous season**
- 8. If tied and the wrestlers competed head-to-head, most recent win gets Higher Seed**
- 9. Current Season Varsity Win Percentage to Date (\*Must have 10 Matches Minimum\*)**